



# Therapeutic Massage Associate Degree Bridge Program

**Summer 2022 Deadline: May 6, 2022**

The **Therapeutic Massage – Associate Degree Bridge Program** is a limited enrollment program beginning each summer semester, designed for Licensed Massage & Bodywork Therapists (LMBTs) who wish to build on their existing certification and earn an Associate Degree in Applied Science in Therapeutic Massage. To be considered for the program, applicants must:

1. Have graduated from a NC BMBT-approved school, and
2. Have a license (LMBT) in good standing with the NC BMBT of at least one year.

In addition to these requirements, applicants must also meet the program’s **English and Mathematics “College Readiness”** requirements and submit a **Minimum Admissions Requirements (MAR) Application** to be considered for admission.

This packet will guide you through these requirements, as well as the full limited admission process for the Therapeutic Massage – Associate Degree Bridge Program!

Therapeutic Massage is a first-qualified, first accepted curriculum. Students who complete a MAR review will be admitted to the program until all seats are filled. After that point, students who complete a MAR review will be added to an alternate list. While not guaranteed admission, alternates would have the opportunity to fill seats if any open later in the process.

Once the admissions process is complete, applicants who are accepted into the program must then meet additional **Therapeutic Massage clinical requirements** (see page 6) by **May 16, 2022** to maintain their seat in the program. **We strongly encourage students to complete the admissions process well ahead of the deadline in order to allow for a reasonable amount of time to meet these additional program requirements!**

The instructional facility for the Therapeutic Massage program is located at the **Grady P. Swisher Center, 1108 Swisher Center Road in Kernersville, NC 27284**. Please see pages 7-8 for driving directions.

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**Special Note:** Please refer to **pages 4-5** for the program progression and list of classes required to graduate with the associate degree. It can be helpful to enroll *before* summer 2022 to get a head start on the program’s general education courses. But keep in mind that these general education classes are **not required** before entering the program! Only the requirements described in steps 1 through 4 below are mandatory before program entry.

## Steps for the Limited Admission Process for the Fall 2022 Therapeutic Massage – Associate Degree Bridge Program

### 1. Complete an application to Forsyth Tech at <https://www.forsythtech.edu/apply-ft/>

- Complete NC Residency at [www.ncresidency.org](http://www.ncresidency.org)
- New and Former students must complete the online application.
- Submit all official transcripts from high school or high school equivalency. Electronic transcripts can be sent through a secure service to [admissions@forsythtech.edu](mailto:admissions@forsythtech.edu) or paper transcripts can be mailed to Attn: Admissions 2100 Silas Creek Parkway Winston Salem, NC 27103 or hand delivered in a sealed envelope to the Admissions and Records Office on the main campus.
- Official college transcripts, from colleges or schools attended since high school, **are only required if transfer credit is requested**. Official transcripts must have the school seal or original signature and be in a sealed unopened envelope or submitted electronically from the school.
- Currently enrolled students do not need to do a new application.

### 2. Demonstrate English and Mathematics “College Readiness” levels.

- All Health Program applicants are required to demonstrate English and Mathematics college-readiness by one of the following methods:

#### English Readiness

- No ENG credits, but have an earned Associate or Bachelor’s degree from a regionally-accredited institution
- Documented completion of ENG 111, with a minimum grade of “C”
- Eligible to enroll in ENG 111 without the ENG 011 co-requisite, demonstrated by one of the following:
  - Graduate of a US high school with an unweighted GPA of 2.8 or higher OR HSE specific scores – see Admissions for details
  - Completion of placement test within the past 10 years and achievement of appropriate scores OR SAT/ACT specific scores – see Admissions for details
  - If you took the placement test elsewhere, you MUST submit those scores to Forsyth Tech Admissions.
  - Current enrollment in ENG 111 with corequisite
  - Completion of ENG 002 Tier 2

#### Mathematics Readiness

- No MAT credits, but have an earned Associate or Bachelor’s degree from a regionally-accredited institution
- Documented completion of MAT 110 or higher-level course with a minimum grade of “C”
- Eligible to enroll in MAT 110 without the corresponding co-requisite, demonstrated by one of the following:
  - Graduate of a US high school with an unweighted GPA of 2.8 or higher OR HSE specific scores – see Admissions for details
  - Completion of placement test within the past 10 years and achievement of appropriate scores OR SAT/ACT specific scores – see Admissions for details

- If you took the placement test elsewhere, you **MUST** submit those scores to Forsyth Tech Admissions.
- Current enrollment in MAT 110 with corequisite
- Completion of Math 003 Tier 1

If you are unsure whether you meet either of these requirements, it is **YOUR** responsibility to speak with a counselor in the Admissions Office **PRIOR TO** completing your Minimum Admissions Requirements Review with an Admissions Counselor.

**3. Verify that you meet the program’s massage therapy education, licensure, and work experience requirements by e-mailing Sandy Mason, Therapeutic Massage Program Coordinator, at [smason@forsythtech.edu](mailto:smason@forsythtech.edu).**

- As stated above, applicants must:
  - a. Have graduated from a NC BMBT-approved school, and
  - b. Have a license (LMBT) in good standing with the NC BMBT of at least one year.
- Specifically, applicants must have successfully completed a minimum 500-hour educational program accredited by the NC Board of Massage and Bodywork Therapy (NCBMBT) or a NC Community College MTH Program. Board-approved schools include, but are not limited to:
  - American & European Massage Clinic
  - Asheville School of Massage & Yoga
  - Carolina Institute of Massage
  - Center for Massage and Natural Health
  - College of Wilmington
  - NC Massage School, Inc.
  - Kneaded Energy School of Massage
  - Living Arts Institute
  - Maiden School of Massage & Bodywork Therapy
  - Gwinnett College
  - Miller Motte College
  - North Carolina School of Advanced Bodywork
  - Southeastern Institute
  - The Healing Arts & Massage School
  - Therapeutic Massage Training Institute
  - Western NC School of Massage
- Please provide Sandy Mason with a copy of your license and a diploma or proof of graduation from a NCBMBT-approved school or community college.

**4. Submit a Therapeutic Massage MAR application.**

- After completing step 3, you will be provided with a link to a MAR application. When you submit the MAR application, that lets us know you are ready to be reviewed and complete the application process for the program.
- During the review of your MAR application, we check that you have met the program’s **minimum admissions requirements (MAR)** by completing steps 1 through 3 above.

**5. Check your Forsyth Tech email** and keep your phone and address updated with the office.

- After completing the review of your MAR application, we will notify you via your Forsyth Tech email about your status.
- You will receive an email no matter what – whether you are admitted or, if space is already full in the program, been placed on an alternate list. We will not leave you without notification.
- If you are admitted to the program, there will be instructions in your admission letter with requirements that apply to admitted students – make sure to meet any of those deadlines/requirements or you can lose your seat in the program
- If you are an alternate, we will contact you by phone or email if any seats open up in the program.

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### **PROGRAM PROGRESSION**

The Therapeutic Massage – Associate Degree Bridge program follows this pathway:

<b>SUMMER 2022</b>	<b>FALL 2022</b>	<b>SPRING 2023</b>
<p>Complete bridging course (<b>MTH 180</b>), which awards “advanced standing” credit for core coursework from Forsyth Tech’s Therapeutic Massage certificate program.</p> <p><b>ACA 111, MTH 110, MTH 120, MTH 121, MTH 125, MTH 130</b></p>	<p>Enter the associate degree curriculum for Therapeutic Massage.</p> <p style="text-align: center;"><b>MTH 210</b> Advanced Skills of Massage</p> <p style="text-align: center;"><b>MTH 221</b> Clinical Supplement II</p>	<p>Complete final MTH courses.</p> <p style="text-align: center;"><b>MTH 220</b> Outcome-Based Massage</p> <p style="text-align: center;"><b>WBL 111</b> Work-Based Learning I</p>

In addition to the above **massage therapy (MTH) courses**, you will also need to complete the program’s **general education (“related”) courses** in order to graduate with the associate degree:

ENG 111  
 MED 121  
 PSY 150 or PSY 118  
 BIO 163 or BIO 168 & 169  
 PED 110  
 BUS 152

English Elective (choose one): ENG 112, ENG 114, ENG 115, COM 120, or COM 231

Humanities/Fine Arts Elective (choose one): ART 111, ENG 231, HUM 115, HUM 120, HUM 130, HUM 220, MUS 110, PHI 215, PHI 240, or REL 110

While there will be space in the **fall 2022** and **spring 2023** semesters to take a very small number of these general education courses alongside the core MTH classes, your schedule can quickly become overwhelming if you are taking too many of these additional courses at the same time.

Therefore, we encourage you to complete as many of the general education/related courses as you can before beginning the program in the summer 2022 semester. While completing all of them is NOT required before starting the bridging course in the summer, completing these courses early will make your life easier once the program starts, *and* make it more likely that you can graduate with the associate degree after spring 2023 without having to stay longer to finish your general education requirements.

### **Academic Progression Policy**

A grade of a “D” or “F” in a related course does not prevent a student from being eligible for the 2022 Therapeutic Massage program. However, if a grade of “D” or “F” is earned prior to or after acceptance, the course must be repeated with a “C” or higher while enrolled in the program and prior to graduation.

Students must also earn a final grade of an 80 or higher in the core MTH classes to remain eligible for graduation.

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### **Deferred Action Childhood Arrival (DACA) and Undocumented Students Policy**

Current NCCCS policy allows DACA and undocumented applicants to enroll at Forsyth Tech at the out of state tuition cost. However, acceptance to the college does not guarantee acceptance to a specific program.

DACA students are eligible to apply to an Allied Health/Nursing program.

Undocumented students are not eligible for consideration to Allied Health or Nursing programs. According to North Carolina and Federal law, undocumented students are not eligible for North Carolina professional licensure.

This policy is subject to change without notice based upon federal and state regulations.

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### **Notification Procedure**

Students will be admitted to the program based on the **MAR application date**. Notification letters will be e-mailed to accepted students. If an applicant did not meet the minimum requirements, was not accepted or declined admission, the person must submit a new MAR application for the 2023 Therapeutic Massage program by the specified deadline.

**AFTER ADMISSIONS:**  
**THERAPEUTIC MASSAGE CLINICAL REQUIREMENTS**

**Clinical Requirements Deadline: May 16, 2022**

Once students are admitted to the program, they will be directed to Therapeutic Massage staff for guidance on clinical documentation and registration.

The deadline for meeting these requirements is **May 16, 2022**, the first day of classes for the summer 2022 semester.

**If you are unable to complete these clinical requirements by this deadline, you will lose your seat in the program.** Therefore, we **strongly recommend** you complete the admissions process well ahead of the May 16, 2022 admissions deadline in order to have enough time to complete these additional requirements. Some of the requirements listed below, such as the immunization report and medical physical with your primary care physician, may take several weeks to months to complete, so the sooner you are able to begin the process the easier it will be to meet the deadline. All clinical documentation must be completed by **May 16, 2022**.

If you have questions about these requirements, please direct them to the Therapeutic Massage program:

**Sandy Mason, Program Coordinator: (336) 757-3901 or [smason@forsythtech.edu](mailto:smason@forsythtech.edu)**

The clinical requirements are as follows. The necessary paperwork will be provided by Therapeutic Massage staff after acceptance into the program:

**American Heart Association – Healthcare Provider CPR (uploaded to CastleBranch)**

Copy of AHA CPR certification card (approximate cost of \$50).

**Student Medical Health Form / Immunizations Records (uploaded to CastleBranch)**

You are required to have a medical doctor complete the form (approximate cost of \$100) and must include your immunization records.

**Criminal Background Check and Drug Screen (administered by CastleBranch)**

Vendor approved by Forsyth Tech (approximate cost of \$100).

## **DIRECTIONS TO GRADY P. SWISHER CENTER**

### **Therapeutic Massage Program Headquarters**

1108 Swisher Center Road  
Kernersville, NC 27284  
Office: (336) 734-7902  
Fax: (336) 992-1049

Traveling **East on I-40 Business** to Kernersville, take exit 16 (Colfax) bears left from Business 40 to **Hwy 421**. Bear 1st right on **Old Greensboro Road as you enter the round-about**. Turn right on Swisher Center Road past Dudley Products Drive **and THE BRIDGE** and proceed to the end of the road to the Swisher Center.

Traveling from **East Mountain Street**, turn left on **Hwy 421**. Bear 1st right on **Old Greensboro Road as you enter the round-about**. Turn right on Swisher Center Road past Dudley Products Drive **and THE BRIDGE** and proceed to the end of the road to the Swisher Center.

Traveling **East on I-40 Bypass**, take **Hwy 66** exit 203. Turn left on **Hwy 66**. At 3rd stoplight, turn right on **Industrial Park Drive**. At stop sign, turn left on **Macy Grove Road**. At stop sign, turn left on **Old Greensboro Road**. Turn left on Swisher Center Road before Dudley Products Drive and proceed to the end of the road to the Swisher Center.

Traveling **East on I-40 Business**, take **Hwy 66** exit. Turn left on Hwy 66 and go across I-40 bridge. Turn right on **East Mountain Street** (Parks Chevrolet is on your right). Turn left on **Hwy 421**, Bear 1st right on **Old Greensboro Road as you enter the round-about**. Turn right on Swisher Center Road past Dudley Products Drive **and THE BRIDGE** and proceed to the end of the road to the Swisher Center.

Traveling **West on I-40 Bypass**, take **Hwy 66** exit 203. Turn right on **Hwy 66**. At 2nd stoplight, turn right on **Industrial Park Drive**. At stop sign, turn left on **Macy Grove Road**. At stop sign, turn left on **Old Greensboro Road**. Turn left at **the Forsyth Tech Entrance** on Swisher Center Road before Dudley Products Drive and proceed to the end of the road to the Swisher Center.

Traveling **West on I-40 Business**, take **Hwy 66 exit** and turn left. Turn right on **East Mountain Street** (Parks Chevrolet is on your right). Turn left on **Hwy 421** (you will see DCU Inn and Dudley Products on your right). Bear 1st right on **Old Greensboro Road as you enter the round-about**. Turn right at the **Forsyth Tech Entrance** on Swisher Center Road past Dudley Products Drive **and THE BRIDGE** and proceed to the end of the road to the Swisher Center.

Traveling **from High Point – Highway 311** towards Kernersville to **Hwy 66**. Turn right on Hwy 66 and proceed to Kernersville. Cross over Business 40 and turn right on **East Mountain Street**. Turn left on **Hwy 421**. Bear 1st right on **Old Greensboro Road as you enter the round-about**. Turn right at the Forsyth Tech Entrance on Swisher Center Road past Dudley Products Drive **and THE BRIDGE** and proceed to the end of the road to the Swisher Center.

Traveling **from High Point – Highway 311** towards Kernersville to **Hwy 66**. Turn right on Hwy 66. At 2nd stoplight, turn right on **Industrial Park Drive**. At stop sign, turn left on **Macy Grove Road**. At stop sign, turn left on **Old Greensboro Road**. Turn left at the **Forsyth Tech Entrance** on Swisher Center Road before Dudley Products Drive and proceed to the end of the road to the Swisher Center.

**Hwy 52 South to Business 40 East**, take exit 16 (Colfax) bears left from **Business 40** to **Hwy. 421**. Bear 1st right on **Old Greensboro Road as you enter the round-about**. Turn right at the **Forsyth Tech Entrance** on Swisher Center Road past Dudley Products Drive **and THE BRIDGE** and proceed to the end of the road to the Swisher Center.